

# COVID-19 MYRICKS Field Safety Implementation Plan

Version 1.2

Dated: 10 June 2020

# **Version Control**

Date	Version	Comments	Approval Date
7 June 2020	1.0	Initial Release	
9 June 2020	1.1	Updated with graphic s	
		and Mass Youth Soccer	
		Criterion.	
10 June 2020	1.2	Updated with Mass	10 June 2020
		Youth Soccer	
		Guidelines	

# 1 Purpose

The purpose of this plan is to document how Myricks field, as a location affiliated with Taunton Youth Soccer League, Inc. (TYS), shall comply and implement the various safety protocols that have been developed, or are developing in accordance with, US Soccer, Massachusetts Youth Soccer (MYS), the Center for Disease Control (CDC), the Commonwealth of Massachusetts, and local town rules, regulations, and recommendations. The multi-stage plan developed by the Commonwealth is presented within Figure 1.



Figure 1 – Commonwealth of Massachusetts Phase Implementation Plan

The following bullets explain the various stages.

- Stay at Home. Essential business and services only.
- Phase 1: Start. Limited industries resume operations with severe restrictions.
- **Phase 2: Cautious.** Additional industries resume operations with restrictions and capacity limitations.
- Phase 3: Vigilant. Additional industries resume operations with guidance.
- **Phase 4: New Normal.** Development of vaccines and / or treatments enable resumption of "new normal".

The Mass Youth Soccer guidelines shall take precedence over this document if there are any discrepancies in accordance with Return to Soccer Activities Guidelines and Returning to Soccer Activities located at the following website: <a href="https://www.mayouthsoccer.org/return-to-soccer-activities/">https://www.mayouthsoccer.org/return-to-soccer-activities/</a>

Likewise, local towns and municipalities shall supersede any requirements within this plan.

# 2 Stakeholder Responsibilities

The plan articulated within this document builds from the multi-stage approach that was developed by the Commonwealth of Massachusetts and address expectations by the following major groups:

- Myricks Facility Section 2.1
- Parents Section 2.2
- Coaches Section 2.3
- Children Section 2.4
- Volunteers Section 2.5

Procedures will differ from one organization to the next, but for additional specific guidance, please see CDC guidelines regarding returning to youth sports:

(https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youthsports.html).

# 2.1 MYRICKS Facility

There are general hygiene and safety protocols that shall be followed regardless of phase, and until further notice from Massachusetts Department of Health and the CDC. Myricks field shall be responsible for the following:

- Ensuring the safety of all attending by minimizing exposure risks
- Providing a single entry and exit point from the field
- Disinfecting of all training equipment. This includes cones, goals, flags etc. Only coaches, managers, and volunteer staff can touch or move equipment
- Establishing traffic patterns that support exit and entrances
- Availability of hand sanitizer
- Clearly marking signs for the entrance and exit
- Clearly marking signs requiring masks
- Clearly marking spectator expectations and rules
- Wiping down balls after impact with any player's head or bare skin
- Sanitizing each ball before/after every practice or game
- Marking off spectator/chaperone viewing sites to allow for social distancing
- Disinfecting trash receptacles
- Applying contact tracing processes and procedures
- Providing/assigning a COVID-19 Administrator or Designee
- 6 Foot spacing identified for porta-potties
- Mechanisms for all attendees

Contact tracking is a critical requirement throughout Phases II and III. As such and per Massachusetts Youth Soccer, all that enter the Myricks Facility shall be required to provide their name, phone number, and representative child name. This shall include all parties within each vehicle. TYS will make all efforts to reduce the burden on attendees.

## 2.2 Parents & Spectators

Parents and family shall be required to comply with all rules. The safety of the children and spectators are of the utmost importance. Failure to adhere to policies and rules after a single warning shall cause for an immediate removal of spectator/parent with child. Rules shall include:

- Social distancing shall continue to be 6 feet apart
- Spectators are limited to 1 Parent/Guardian per player at the designated viewing areas, additional family members or spectators must remain in vehicles
- Masks must always be worn while outside of the vehicle

- Parents or spectators may not enter the field and must remain outside of the fence at designated viewing areas to comply with state requirements. See figure 4 for Phase II and Figures 5 and 6 for Phase III.
- Sick parents or spectators must quarantine as required by CDC/MA Dept. of Public Health and can only return with a Doctor's approval. Must show notice to the Taunton Youth Soccer.
- Must notify TYS if they have been infected with COVID-19 and their child has attended or participated at Myricks within the previous 14 days.
- Prior to attending any training event, each Parent should check his or her temperature at home, and refrain from entering Myricks if he or she has a fever (≥100.4 degrees F).
- If a parent, attendee, or child is found to be COVID019 positive, then they must notify the coach. The coach shall be responsible for notifying through the appropriate process.

### 2.3 Coaches

Coaches shall be required to comply with all rules. The safety of the children and spectators are of the utmost importance. Failure to adhere to policies and rules after a single warning shall cause for an immediate removal of that coach. Rules shall include:

- Sick coaches must quarantine as required by CDC/MA Dept. of Public Health and can only return with a Doctor's approval. Must show notice to the Taunton Youth Soccer.
- May not attend or participate at MYRICKS if they are feeling sick.
- Always wearing a face mask as per CDC/MA Dept. of Public Health
- Washing hands frequently. At a minimum, they shall wash hands after each practice session
- Must notify TYS if they have been infected with COVID-19 and their child has attended or participated at Myricks within the previous 14 days.
- Prior to attending any training event, each Coach should check his or her temperature at home, and refrain from entering Myricks if he or she has a fever (>100.4 degrees F).
- Each coach should have their own hand sanitizer. Coaches should disinfect their hands prior to and immediately after every group session and after any contact with a shared surface.
- Coaches are responsible for disinfecting practice and game balls, unless each player uses their own ball for skill development
- Game, scrimmage, and team activities will use the balls provided by the coaches only and will not use individual play balls for group practices. Balls determined to have possibility of being contaminated in anyway will be taken out of the practice session until properly cleaned.
- Responsible for cleaning/disinfecting of practice equipment, including group session soccer balls, cones, and other associated materials that could be cross infected.
- Where possible, practice vests will be provided to each player. Players will be responsible for cleaning as part of their uniforms.
- Only one coach may attend to an injured player. Must wear mask and gloves.
- If a parent, attendee, or child is found to be COVID019 positive, then they must notify the coach. The coach shall be responsible for notifying through the appropriate process.

# 2.4 Players

TYS understands that it is difficult for young players to understand the gravity of the situation associated with COVID-19. As such, it will be everyone's responsibility help them with adhering to the rules focused on minimizing exposure for them. The following rules have been set forth:

- Masks shall be worn from the car to the field location in accordance to Phase II and Phase III requirements.
- No sharing of water, snacks or equipment including pennies
- No shaking hands, high fives, fist bump, hugs, etc.
- Social distancing while on the bench or not playing shall be 6 feet apart. This includes instructional periods and water breaks during training.
- Sick players must quarantine as required by CDC/MA Dept. of Public Health and can only return with a Doctor's approval. Must show notice to the Taunton Youth Soccer.
- Wearing a face mask when not involved in soccer activities or on the bench. Player may wear mask during activity at parents or players discretion.
- Only goalkeepers may touch the training ball with their gloved hands.
- Washing hands frequently
- Minimizing contact with other teams before, during and after each session
- Notifying TYS if they are infected with COVID-19
- Prior to attending any training event, each player should check his or her temperature at home, and refrain from participation if he or she has a fever ( $\geq 100.4$  degrees F).
- Responsible for bringing their own equipment (ball, hand sanitizer, water bottle, training vest(s), towels, etc.) such that no equipment is shared between players.
- Each player should have their own hand sanitizer. Players should disinfect their hands prior to and immediately after every group session and after any contact with a shared surface.
- Where possible, practice vests will be provided to each player. If practice vests are not available, then players will be required to bring both a light and a dark shirt.
- Only face coverings over the ears are allowed. Mass Youth Soccer will not allow for neck gators or other sort of tied masks to be allowed during practices due to potential safety implications.
- If a parent, attendee, or child is found to be COVID-19 positive, then they must notify the coach. The coach shall be responsible for notifying through the appropriate process.

### 2.5 Volunteers

Volunteers shall be required to comply with all rules. The safety of the children and spectators are of the utmost importance. Failure to adhere to policies and rules after a single warning shall cause for an immediate removal of that volunteer. Rules shall include:

- Sick volunteers must quarantine as required by CDC/MA Dept. of Public Health and can only return with a Doctor's approval. Must show notice to the Taunton Youth Soccer.
- Washing hands frequently
- Notifying TYS if they are infected with COVID-19

• Prior to attending any training event, each Volunteer should check his or her temperature at home, and refrain from entering Myricks if he or she has a fever (≥100.4 degrees F).

# 3 Phase Specific Implementations

The above is a general list. Please consult Massachusetts Department of Public Health and CDC hygiene and safety protocols which must be followed in all stages.

### 3.1 Phase II

On 6 June 2020, Phase II was approved by the Governor. Massachusetts Youth Soccer has approved for soccer training to happen starting 15 June 2020. Myricks field will comply with the following league protocols and facility management requirements. TYS Infectious Disease Waivers will need to be signed by the parent or guardian.

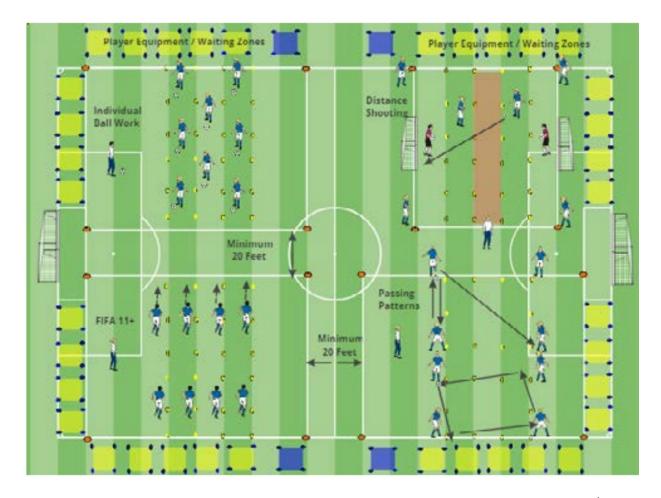
The phase-specific rules require the following:

- Field activities are allowed only with Taunton Youth Soccer (TYS) and affiliations only.
- Training will not have any contact.
- Individuals must comply with restrictions of their home county.
- The parent determines participation.
- A maximum of 10 players and coaches shall be allowed within the approved field size as defined by MYS. Figure 2, below, represents participation numbers per field size.
- Coaches will be assigned to one group per week in accordance to Massachusetts Youth Soccer direction.
- Groups of 10 within a field shall be spaced apart at a minimum of 20 feet. Figure 4 depicts the anticipated configuration within Myricks Field A and B.
- Each group will be given a designated time to arrive and depart the training grounds or facility. A minimum of 30 minutes shall be allocated between practice sessions to allow for players to exit and enter the facility with minimal contact.
- Players and coaches should remain in the same groups during Phase 2.
- Defensive drills requiring less than 6 feet distance will be allowed only when both players have masks.
- No benches shall be used to ensure compliance with phase requirements
- Concession Stands shall remain closed
- Porta-Potties shall not be available
- If a ball is touched by a body part, then coaches will be responsible for disinfecting prior to reintegrating into play



Figure 2 – Participation Limits

Figure 3 provides examples of how players may utilize grids. Players, except for the goalkeeper. will not be allowed to change grids during that day's session.



Players and coaches shall be required to enter and exit from predefined locations. Figure 4 represents Field A & B. Practice grids are identified. The appropriate walking distance of 20 minimum feet shall be established between grids and the fences/parent viewing areas. Although it is not ideal, parent viewing areas will be assigned in accordance with the figure.

Myricks traffic shall be altered. Vehicles coming into Myricks shall be required to turn right within the parking lot to allow for easier traffic exiting.

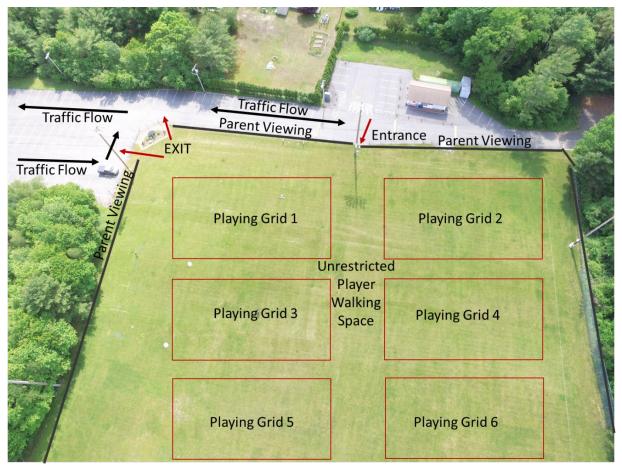


Figure 4 - Myricks Field A /B Entrance & Exit

### 3.2 Phase III

Phase III is expected to begin in July 2020 and will allow for scrimmages and close contact. As such, Myricks will remain compliant with Massachusetts Youth Soccer requirements. Entrance

and exit locations of Field A/B shall be listed within figure 5 and field C is represented within Figure 6.



Figure 5 - Myricks Field A /B Entrance & Exit



Figure 6 - Myricks Field C Entrance & Exit

### 3.3 Phase IV The New Normal

This is a placeholder. Although the expectation is to return to normal, an implementation plan may be required.

# 4 COVID-19 Response Protocol

Myricks volunteers shall comply with all CDC rules and regulations. The following steps shall be taken if a participant at MYRICKS has been found to be positive of contracting COVID-19.

- Any Coach notified by a Parent or Guardian shall immediately notify the Club
- The Coach shall notify the Local Department of Health.
- The local Department of Health shall explain next steps.
- All operations at MYRICKS shall stop until an assessment and any contaminated areas are clean properly cleaned and approved by the Local Department of Health.
- Contact tracking logs shall be reviewed to develop a notification plan in accordance to Local Department of Health Guidelines.

# 5 Return to Play Protocol

These recommendations are intended to guide decision-making regarding players or staff suspected of documented COVID-19 infection to reduce the risk of disease transmission.

Symptomatic player / staff with suspected or laboratory-confirmed COVID-19 infection:

• Cannot attend club events until:

- At least 3 days (72 hours) have passed since resolution of fever (defined as ≥100.4 degrees F) without the use of fever-reducing medications and respiratory symptoms (e.g., cough, shortness of breath), AND...
- At least 10 days have passed since symptoms first appeared.

### OR:

- o Resolution of fever without the use of fever-reducing medications, AND
- o Improvement in respiratory symptoms (e.g., cough, shortness of breath), AND...
- Negative results of an FDA authorized molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected ≥24 hours apart (two negative specimens).

Player / staff with laboratory-confirmed COVID-19 who have not had any symptoms:

- Cannot attend club events until:
  - o 10 days after date of their first positive COVID-19 diagnostic test assuming no symptoms since that time. If symptoms develop symptoms, then management should be guided as above for symptomatic individuals.

### OR:

○ Negative results of an FDA authorized SARS-CoV-2 RNA test from at least two consecutive respiratory specimens collected ≥24 hours apart (two negative specimens).

# 6 References

- <a href="https://commerce.maryland.gov/Documents/BusinessResource/Youth-Sports-COVID-19-Best-Practices.pdf">https://commerce.maryland.gov/Documents/BusinessResource/Youth-Sports-COVID-19-Best-Practices.pdf</a>
- <a href="https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html">https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html</a>
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- https://www.mass.gov/doc/eea-covid-19-cleaning-of-restrooms-best-practices-5-18-20/download
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